VDOT		Grade	Personal Best 5k (2007)	Personal Best 5k (2006)	2005 Personal Best	2 Mile on Track	Batch @ Chinaminson	Cherokee Challenge (2 Mile)	Batch @ Northern Burlington	SJ Shootout	Batch @ Westhampton	Thompson Workout	Batch @ RV	Burl. Co. Frosh/Soph	Shore Coaches	Divisional Meet - New Egypt	SJ Open	County Open	SJTCA Frosh/Soph	Sectionals	Group Champs	Meet of Champs
						8/23	9/11	9/15	9/18	9/22	9/25		10/02	10/04	10/06	10/9	10/13	10/19	10/22	11/03	11/10	11/17
66	Healey	12	16:30	17:52	17:42	10:59	17:41	10:11	18:59		18:14	16:36	17:36		17:14	16:33	16:30	17:25		16:47	16:48	17:00
66	Mulski	12	16:40	16:57	16:47	10:35	17:39	10:12	19:10		19:22	16:17	19:44		17:28	16:40	16:42	17:54		16:40	16:56	16:48
64	Friedman, Ben	11	16:29	16:52	17:37		16:46	10:10				16:25			17:55	16:29	16:40	17:02		16:49	17:17	17:12
64	Greenwood	10	17:05	19:18		11:44	18:46	11:09		18:13	18:14	17:33	17:41		18:52		17:06	18:08		17:05	17:17	17:09
63	Ringwood, Dave	11	16:54	17:22			17:24	10:18	18:59		18:14	16:24	17:35		17:23	16:55	16:54	17:49		17:20	18:12	17:28
62	Matteson	11	17:15	17:49	18:50			10:50		17:42	19:07		18:11		18:21	17:16	17:15	17:56		17:32	17:36	17:58
61	Naylor	12	17:24	17:25	18:11	DNF	18:06	10:41	19:31		18:50	16:50			18:43	17:24	18:12	18:43				
61	Wolff	11	17:40	18:28	18:51	11:04					18:45	17:03			19:07		17:40	18:35		17:53	17:59	17:59
60	Friedman, Micah	11	17:49	17:58	20:17	11:02							18:08		18:48	17:49	17:49	19:20				
58	Ferry	11	18:14	18:49	19:16	12:15	18:56	11:38	19:01	18:36					19:20		18:14	19:38				
57	Collier, Ryan	12	18:29	18:33	19:08	12:20	18:30			18:29					19:42		18:41					
56	Achilly	12	19:02	19:41	21:21			11:35	19:02	19:19		19:32	19:12		23:02		19:06	20:14				
56	Ems	10	18:42	20:46			20:10	11:43	19:12	19:48	19:07		19:00		19:50		18:53	19:48	18:42			
56	Simpson	11	18:49	19:22	19:43	13:09	20:25			19:27	19:26		19:06		19:43		18:49	20:04				
56	Wilson	11	18:48			12:22	19:39	11:39	19:04	19:41	18:49	18:25	19:01				18:48	19:52				
55	Balch	11	18:58	20:27			20:36		19:40	19:49	20:32		19:12				18:58	20:09				
55	Robinson	10	19:03	20:01			20:31	12:12	19:31	20:10	19:39		19:25		20:30		19:36	20:10	19:03			
55	Weintraub	10	19:19	21:47			20:02	11:42	19:30	19:48	19:22		19:35		20:18		19:19	20:09	19:38			
54	Josephson	11	19:17	20:02			20:41	12:20	19:51	20:07	19:54		19:41		21:18		19:17	19:56				
54	Ringwood, Ben	10	19:22				?	11:53	20:16		20:30			19:22	21:43		19:25	20:37				
54	Szumski	10	19:00	20:29			20:10	11:42	19:00	19:42			20:04		20:47							
52	Fitzsimons	10	19:55	21:52			22:01	12:59	20:37	21:29	22:08			21:02	21:34		19:55	21:16	20:48			
52	Kaiser	10	19:58				21:52	12:54	21:26	21:38				20:29	22:27		19:58	21:49	20:37			
52	Minnick	10	19:55	21:58			22:01	12:37	20:47	21:19	21:39			20:55	21:43		19:55	21:22	20:17			
52	Monaghan	9	19:41			12:52	20:35	11:49	19:41	14:35							12:07	22:04	15:07			
52	Samocki	9	20:21			13:39	20:36		20:21	14:46	21:40			11:42	13:18		11:38	20:46	16:01			
52	Shah	11	19:40	20:25		13:29	21:02	12:22	19:40	20:41	20:44		19:44		21:03		20:16	20:54				
51	Chen	12	20:13	20:43	21:20	13:47	21:42	13:04	21:04	21:29			21:00		21:43		20:13	21:45				
51	Ringwood, Ned	11	20:07				23:57	12:49	22:07	21:57	23:31		22:39		25:31		20:07	24:10				
50	Dwosh	11	20:35			13:36	21:50				23:32		22:11				20:35	23:50				
50	Eisen	10	20:42	21:00		14:07	21:50	13:09	21:35		21:23			21:39	21:54		20:42	21:36	21:23			
49	Briggs	11	20:41							21:37	22:27				22:47		20:41	23:49				
49	Fauvell	11	20:37	21:24	22:30					21:22			21:08				20:37	22:18				
49	Jones	10	21:05	20:15					22:06	21:54	22:18			21:46				24:11	21:05			
48	Plaut	11	21:17	21:52	24:52	15:12	23:23	13:29	22:12		22:28		21:54		23:01		21:17	23:35				
47	Cody	9	23:27				23:23							12:51	15:40		13:00	23:27	16:15			
47	Ellison	11	21:53	21:56		14:07	21:53	13:28	22:16	22:37			22:11					24:22				
47	Fowler	9	22:16			15:03	24:43			16:24	23:21			12:52	14:42		12:59	22:16	16:31			
47	Margiotti	10	21:52	22:31			21:52							21:52								
46	Huang	12	22:21	23:41	25:08						25:33						22:21	23:28				
46	Rothenberger	9	22:34					13:51	25:17	16:57	24:35			12:40	14:50		12:32	22:34	15:42			
46	Ruetsch	9	23:27			15:40	24:21	13:11	24:11	16:27	26:47			13:06	15:06		13:04	23:27	16:14			
45	Regan	9	23:20				23:20	13:34	23:07	17:07	23:35			13:11	15:34		13:13	24:12	17:11			
44	Bartlett	10	22:58	21:46			24:11	13:55		22:58	24:20			23:37	25:31							
42	Beckett	10	24:58				?		24:38		27:55							25:10				
42	Nardi	12	24:31			15:13			24:31		24:47											
42	Webb	9	24:48			16:01	25:02	14:19	25:08	18:02	24:48			15:02	16:41		14:01	25:10	18:34			
40	Mejia	11	25:39	24:10				16:54	26:12		28:26		26:20		26:21			25:39				
40	Shiomos	10	25:54				?	14:31		25:54					28:48							
38	Rothman	9	26:44			16:42	28:16	15:22	26:44													
	Bejsiuk	9				DNF																
	Collier, Chip	12		21:18	20:47																	
	Hopkins	12		19:18	23:30																	
	Swanson	10		22:02		16:13																
	Tarantino	12		22:00	21:47	15:10																
											***											